

## MIIP MEMBERS:

# GET READY FOR ENROLLMENT

Learn tips and info to enroll successfully and get the most out of your benefits in the coming year.

## YOUR ANNUAL ENROLLMENT CHECKLIST

When it comes to enrollment, there are lots of important decisions to make — but a little preparation can make the process easy. Use this checklist to help make choices that are right for you and your family.

### KNOW & UNDERSTAND YOUR BENEFITS

#### Read all enrollment materials

Before electing your benefits, be sure to thoroughly review all materials you've received about annual enrollment including this tip sheet, the annual enrollment FAQ, and the plan comparison guide.

#### Sit down with your family

It's important to talk about your options and make benefits decisions together.

### THINK ABOUT YOUR COVERAGE NEEDS

#### Go over what's new with you

Do you or your family members have any upcoming medical procedures, new health conditions, or are you taking new medications? All of these can affect the health insurance coverage you may need.

#### Review who you will be covering

Even if you haven't had any major life changes, it's a good idea to double-check and confirm who you plan to include in your coverage.

#### Use your tools

Not sure which health plan is right for you? Use the worksheet included in your plan comparison guide and myWellmark®, your secure member portal, to review and predict your health care spending. Learn more about myWellmark on the reverse side of this form, then register or log in at [myWellmark.com](https://mywellmark.com).

### COMPLETE YOUR ENROLLMENT

#### Gather your information

You may need Social Security numbers, birthdates and other general information for yourself and your family members to complete your enrollment.

#### Enroll by the deadline

Missing the deadline means you can't enroll or make changes to your benefits unless you have a qualifying event: a major life change that makes you eligible to update your benefits outside of the annual enrollment period. Qualifying events can include marriage, divorce, the birth of a baby and more. Reach out to your benefits administrator if you have questions or need to report a qualifying event.

#### Watch the mail

If you change health care plans, a new Wellmark® Blue Cross® and Blue Shield® ID card will be sent to your home.



**REMEMBER,  
YOUR BENEFITS  
ARE EFFECTIVE  
JULY 1!**

# Take advantage of your ...

## BENEFITS PERKS

Once you are enrolled, you'll find that being a Wellmark member has its perks! You can use the tools below to review your benefits, find and shop for care, save on healthy purchases and more.

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### myWELLMARK

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Access your insurance information — whenever and wherever you need it.

- Generate year-to-date spending reports to help you determine which plan is right for you
- Track claims
- Find doctors in your network
- Get cost estimates for planned procedures and prescriptions
- Download, print or order your Wellmark ID card

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Register or log in:  
[myWellmark.com](https://myWellmark.com)

### BEWELL 24/7<sup>SM</sup>

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A free, 24/7 phone line for fast answers to your health care questions.

- Talk to a nurse about symptoms and medications
- Learn about treatment options
- Make and coordinate doctor appointments
- Arrange health services, like rides to appointments, medication delivery and in-home safety checks

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Call anytime, day or night:  
**844-84-BEWELL**

### BLUE365<sup>®</sup>

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Get deals and discounts on healthy purchases, like:

- Fitness trackers
- Athletic shoes
- Glasses
- Hearing aids
- And more!

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Start saving now:  
[Wellmark.com/Blue365](https://Wellmark.com/Blue365)

### DOCTOR ON DEMAND<sup>®</sup>

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Need a doctor? Get free care anywhere.

- Access care and prescriptions via video visits with board-certified physicians 24/7\*
- No cost for visits
- At home or on the go
- Perfect for colds, flus, allergies, sick kids, mental health concerns and more!

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Register or get care now:  
[DoctorOnDemand.com](https://DoctorOnDemand.com)

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\*For prescriptions, member cost share applies. Doctor On Demand physicians do not prescribe Scheduled I-IV DEA Controlled Substances and may elect not to treat or prescribe other medications based on what is clinically appropriate. In the event of high overnight call volume, you may be directed to make an appointment with a Doctor On Demand provider for the following morning. Mental health visits are by appointment only.

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